



Allendale East Area School Newsletter



Government
of South Australia
Department for Education

Courage Excellence Respect

To build strong, diverse futures for all of our young people by providing quality education driven by needs, skills and aspirations

SPORTS DAY

Term 1 Week 7

On Friday 3 March we held our annual Sports Day. The weather wasn't ideal, with the wind proving a little challenging at times. Despite these conditions there were 3 records broken on the day (see page 2 for these details). ALL our students displayed the school values of Courage and Excellence with many stepping up to compete in age groups above their own. Thank you to staff and volunteers who work hard to bring this day together, as without their efforts these days / events wouldn't happen. Thank you to the many parents that attended the day to support their child/children, and for helping with measuring and recording at several events. Once again your efforts don't go un-noticed.

There can be only one winning team on the day and for 2023 this team was **NORTHUMBERLAND** with 886 points!!!! 2nd and 3rd places were very tightly contested with only 2 points separating them. **BANKS** with 834 points prevailed over **DOUGLAS** with 832 points.

With sports day under wraps our students now head into short preparations for Interschool Sports Day being held at Lucindale Area School Friday 10 March.



IMPORTANT DATES

Mon 13 March	Adelaide Cup Day Holiday	Thurs 30 March	Choir Excursion McDonald Park Primary School
Wed 15 March	Governing Council 6pm	Mon 3 - Thurs 6 April	Teacher/Parent Interviews
Tues 21 March	Harmony Day Picnic Lunch	Wed 12 April	Governing Council 6pm
Sun 26 March	Market Day	Fri 14 April	LAST DAY OF TERM Early Dismissal 2.15pm
Mon 27 March	Student Free Day	Mon 1 May - Term 2	Student Free Day
Wed 29 - Fri 31 March	Outdoor Ed Camp Mt Arapiles		

Allendale Contact Information

Principal - Ms Kylie Smith
Assistant Principal - Ms Suzie Mitchell
Governing Council Chairperson - Mrs Jenna Griffiths

Phone: (08) 8738 7218
Fax: (08) 8738 7321
Office Hours: 8:15am - 4:00pm
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SPORTS DAY

Congratulations to the following students who were Sports Day Champions and Runners up.

Sub Junior Girls and Boys Champion - Skyla Hopgood and Max Pitson

Sub Junior Girls and Boys Runner Up Champion - Ana Pettingill and Zach Howard

Junior Girls and Boys Champion - Lucy Neale and Oliver Fox

Junior Girls and Boys Runner Up Champion - Evie Jones and Jagger Macdonald

Intermediate Girls and Boys Champion - Taya Vandeppeer and Harri Kennion

Intermediate Girls and Boys Runner Up Champion - Kanisha Miller and Cayden McDonnell

Senior Girls and Boys Champion - Emily Bowman and Jacob Spehr

Senior Girls and Boys Runner Up Champion - Alicetyn Stanley and Joshua Virgo

Open Girls and Boys Champion - Ava Gollan-Grosvenor and Bradley Neale

Open Girls and Boys Runner Up Champion - Reegan Pelkonen and Jack Kain

New records;

Sub Junior Boys High Jump - previous record 1.23m Zeb Chant, new record **Max Pitson 1.27m**

Intermediate Boys High Jump - previous record 1.52m Scott Jenkin, new record **Harri Kennion 1.60m**

Senior Boys Shotput - previous record 12.69m Matthew Byrne, new record **Jacob Spehr 12.92m**



INTERSCHOOL SPORTS DAY

On Friday 10 March all roads led to Lucindale for Interschool Sports Day. In 2022 Interschool was cancelled due to COVID, so it was so good once again for the Area Schools to come together again competing for the top trophy.

We had many students across all age groups competing on the day. ALL students displayed courage and excellence as they competed in their respective events. It was a fabulous day, with some outstanding personal performances, and many gritty ones too.

Zach Howard set a new record for Sub Junior Boys with a time of 00:32.2 beating the previous record by 100th of a second.

Overall Allendale received 2nd in the Sub Junior Championship Shield, and 2nd in the Junior Improvement Shield.

Congratulations to Zach Howard who was Sub Junior Boys Champion and Taj Vandpeer who came 3rd in Sub Junior Boys.

Skyla Hogpoood was runner up Sub Junior Girls Champion.



YELP

On Wednesday 1 March I took Madison Carlin, Sharli Manning, Flint Jones and Zoe Vandeppeer to the first Young Environmental Leaders Program excursion at the Naracoorte Caves. We enjoyed exploring the Naracoorte Caves and the Bat Cave with YELP students from 10 other schools. It was great to see the Allendale East Area school students talk with other students about the environment and have a fun day exploring the caves.

Nicole Biggins
YELP Teacher

Sharli

I joined YELP to help the environment and I thought it would be a fun way to meet other people. I love nature and the environment. On the excursion on Wednesday, it was fun going through the Alexander cave and the bat cave was great except for seeing all of the bat poo, spiders and cockroaches.

Zoe

I wanted to join YELP because I like the environment and I wanted to learn about other ways to save the environment. I want to make new friends. On the excursion on Wednesday I got to see an interesting cave called the Alexander Cave and I learnt about stalagmites and stalactites and how they were formed. I found the flat stalagmites on the cave floor interesting. I also liked the part where we had to get into groups with other schools because I got to meet new people.

Maddy

I wanted to join YELP because I love the environment and animals. I want to learn more about endangered animals and how to help them. I'm also interested in planting trees. The excursion was good because we got to write down our top 3 concerns about the environment and share them with everyone. In our group we said that we were worried about the Red Tailed Black Cockatoo, pollution and deforestation. I liked meeting other students from other schools and working in groups with them exploring the bat cave and Alexander cave.

Flint

I joined YELP because I thought I could gain some knowledge about nature and the Naracoorte caves. The best thing about the YELP excursion was the bat cave because we got to learn about the Southern Bent Wing bats. We zoomed in on some guano (bat poo) and there were so many bugs on the poo.



OUTDOOR EDUCATION - EWENS PONDS

In recent weeks, our Outdoor Education students have participated in some amazing environmental experiences. As a class, we worked closely with Lauren Brown (Nature Glenelg Trust) and undertook field work at Ewens Ponds, monitoring the endangered Spiny Fresh Water Crayfish. We collected samples for genetic testing and tagged Crayfish to be released back into the ponds. The data collected will be used to identify overall numbers and track the movement of crayfish between each pond. Students also got the opportunity to snorkel the ponds with diving instructor Tim Featonby, who volunteered his time to take the group through. We would like to give Tim a huge thank you for this! Thanks also to Claire Harding, who came and spoke to the group about Ewens Ponds and the surrounding environment prior to our excursion. The students had an awesome time snorkeling, getting up close and personal with flora and fauna that can only be found in this part of the world.

Mark Rumbelow
Outdoor Education Teacher



HARMONY DAY

Harmony Day, celebrating our community cultural diversity and inclusion is on Tuesday 21 March.

There will be a whole school Picnic on the oval at lunch time with students bringing their lunch out to eat together.

The canteen will have picnic boxes available to order, with special lunch order forms being sent home late last week. Please note there will be **no other** lunch options available to order on this day.

The Well-being Team **WANT YOU** - We are inviting any of our school families to share your cultural story with our school. If you are wanting to participate in this please contact Sarah Stratford or Belinda Tilley through the front office, 87387218.

Well-being Team

OSHC - STUDENT FREE DAY

A reminder that OSHC will be available for the Student Free Day scheduled for Monday 27 March.

To book your child/children in please contact Carla Doody on 0447 414 652.



PETER GREEN - BLACK DOG INSTITUTE AMBASSADOR

On Thursday 9 March, inspirational speaker Peter Green (A member of the Black Dog Institute) paid a visit to Allendale East Area School.

Peter is married and has 2 beautiful children. Previously he has been a volunteer firefighter with the CFA for 15 years and has been medically retired due to breaching down with PTSD and a Conversion Disorder in 2016.

Peter shared his story of mental health struggles and gave us strategies to help our mental health. Mental strength and fitness were the two main topics of the talk. I really enjoyed how the talk was interactive and delivered with confidence. He got us to ask questions and even did a breathing exercise with us. This talk was insightful for our generation and presented us with the idea we should look after our mental health otherwise it might impact our physical wellbeing.



Black Dog Ambassador Peter Green

Madison Gavin
Year 11 Student